



COMPETITION INSTRUCTIONS

Kainuu MTBO Week 28.6.-3.7.2026, Hyrynsalmi and Suomussalmi

Sun 28.6. Hyrynsalmi comprehensive school, sprint distance, first start 10:00

Mon 29.6 Hyrynsalmi comprehensive school, middle distance, first start 10:15

Wed 1.7. Haverinen skiing center, long distance, first start 11:00

Fri 3.7. Suomussalmi open-air theater, middle distance, first start 13:00

Rules

The competition will be held according to the rules of the Finnish Orienteering Federation and the rules given by the organizer.

Competition centers

There are three competition centers during the week. See detailed information on each center's guide map.

From June 28th to 29th, the competition center is located at [Hyrynsalmi comprehensive school](#) (navigation address: Kaarnatie 1, 89400 Hyrynsalmi). Please arrive only via Nivantie from Hyryntie. School parking spaces will serve as the parking area. Please follow the signs and instructions by organizers. No parking fee will be charged.

On July 1st the competition centre is located at [Haverinen skiing center](#) (navigation address: Haverisentie 7, 89600 Suomussalmi). Skiing center parking spaces will serve as the parking area. Please follow the signs and instructions by organizers. The parking fee is 5€ per car and can be paid at the info desk.

On July 3rd competition centre is located at [Suomussalmi open-air theater](#) (navigation address: Lomakyläntie 25, 89600 Suomussalmi). Theater parking spaces will serve as the parking area. Please follow the signs and instructions by organizers. The parking fee is 5€ per car and can be paid at the info desk.

Info

Info is located each day in the competition center. See detailed information on each center's guide map.

Competition materials

The SPORTident Air+ punching system is used in the competition. The SIAC card number will be informed via the IRMA/Rastilippu system or during the webshop registration. For those who have not informed the number, the organizer will reserve a rental card, which can be picked up from the Info for 5€ / competition, 15€ / week. Payment is made via MobilePay (14036 / Tampereen Fillarirastit), by bank transfer (IBAN FI72 5730 7320 0482 76) or in cash. SmartumPay, Edenred and ePassi are also available as payment options. A lost SIAC will be charged 80€.

The competitor must check the number of his/her SIAC card from the start list and report any mistakes or changes. The competitor is responsible for the functionality of his/her SIAC card and for using the card mentioned in the starting list. The card number is not checked at the start. Competing with the wrong card will result in disqualification. The competitor is allowed to carry another SIAC card and

show the right punches through this card. Both SIAC cards must be carried in the same hand. The number of a possible second card will be announced before the competition in the info.

Race numbers are in use and will be picked up from the info before the start of the race. There are also cable ties for attaching the number. The same number will be used throughout the competition week. The numbers are visibly attached to the handlebar / front of the bike. A lost or non-returned number will be charged 20€.

Controls

The model control is available at the competition center. The controls are located next to the paths so that punching in speed is possible. The controls are attached with cable ties to a 110cm tall plastic pole and the control flag is located below the SI control. Long range punching system enables punching from the distance of 1.5m so no need to touch the control or even ride very close by.

Start

All start areas are very close to competition centers. Please familiarize yourself to competition center maps.

Starts takes place as follows:

- 4 min before the start the competitor is invited to the start box / read in
- 3 min CLEAR SIAC
- 2 min CHECK SIAC and H/D11 series receive a race map
- 1 min competitor is allowed to take the race map (excluding H/D11 series)

Finish, wailing wall

All classes have the same finish. **FINISH PUNCHING** will be used. Competitors must punch at the finish line using a contactless finish unit, just as at the control points. After finish punching, competitors proceed for the finish automate for punch verification.

The competition finish areas will close at 3:00 PM on June 28th, June 29th, and July 1st, and at 5:00 PM on July 3rd. Competitors who do not finish their race must exit the terrain via the punch verification point and inform the officials of their withdrawal. The 'Wailing Wall' is located next to the punch verification. Maps will not be collected at the finish. Remember the fair play.

Map

The size of the map is A3 in first three races and A4 at last race. Scale is on June 28th 1:5000, on June 29th 1:10000/1:7500, on July 1st 1:10000/1:7500 and on July 3rd 1:7500. Contour interval is 5m. A map turn is used in several courses. More detailed, class-specific information can be found in the course table on the event website. The maps are weather-resistant (Pretext), printed in 06/2026. There are no separate control descriptions; the control code is shown after the control number.

Embargoed areas

In addition to the courtyards, areas that are not allowed to be used are marked on the map as a forbidden area. Use caution and traffic rules and pay attention to other explorers.

Shortcutting

In the competition terrain you proceed along the routes marked on the map, but **shortcutting is allowed**, except in areas marked as courtyards or otherwise as embargoed areas.

Classes, distances, scales and map turns

Can be found from separate table from race web pages.

Open courses

In open courses you can participate Kainuu MTBO week during all race days. There are three different courses and skill level options in the open classes. Open classes are carried out without SIAC timing. Participants starts next to the race start.

You can register for open courses at the competition centers on-site at the MTBO Info throughout the whole race week from 28th of June to 3rd of July 2026.

Open courses starting times:

On June 28th at 10:15-11:45

On June 29th at 10:30-12:00

On July 1st at 11:15-12:45

On July 3rd 13:15-14:45

Open courses entry fees at info desk:

OPEN (A/B/C -courses)	80€/week	20 €/day
OPEN (A/B/C -courses) under 13-year-old	50€/week	15 €/day

Payment can be made via MobilePay (14036 / Tampereen Fillarirastit), bank transfer (IBAN FI72 5730 7320 0482 76) or cash. SmartumPay, Edenred and ePassi are also available as payment options.

WC, wash and café

Toilets can be found in the competition centers. There are no toilets at the starting points. Coffee services will be available at the competition centers on race days. Changing and shower facilities are available at the Hiukka stadium and the Vuokatti Sports Academy. NOTE: The Tipsakka village hall has very limited toilet facilities.

First Aid

First aid supplies will be available at the info point.

Sotkamo Health Center opening hours: Mon-Thu 8:00-16:00, Fri 8:00-15:00. Closed on Saturdays and Sundays. When the health center is closed, emergency care is available at Kainuu Central Hospital, Sotkamontie 13, 87300 Kajaani. For medical assistance, call 116 117.

Prices and results

Individual races' price giving:

Monday, June 30th – Sotkamo town center, market square at 2:30 PM: Prize ceremony for the winners of the 1st and 2nd stages of the Kainuu MTBO Week. Award recipients are requested to arrive by 2:15 PM.

Thursday, July 3rd – Hiukka Stadium at 5:30 PM: Prize ceremony for the winners of the 3rd stage of the Kainuu MTBO Week. Award recipients are requested to arrive by 5:15 PM.

Overall Competition Awards: In the H/D11 and H/D13 classes, all competitors with an overall result will be awarded. In other classes, only the overall winners of the Kainuu MTBO Week will be awarded. Prizes can be collected from the MTBO Week info desk once results are published.

Terrain and safety

Competitors must note that there are other outdoor explorers in the terrain. Care must be taken, when encountering and traffic rules (beware the right-upcoming, when encounter keep on the right). The use of a helmet is mandatory.

Refreshment controls

Not included.

Bike wash

Bike wash is available in Vuokatti Sport Academy.

Jury

To be named later.

Organization:

Chief of Competition: Mika Häkkinen, +358 40 7459032

Head of Security: Jussi Partanen

Start: Katri Niittymäki

Finish: Juha Kankaanpää

Results: Keijo Viilo / TP

Info: Riikka Häkkinen

Control Group: Janne Virkki

Course Setter: Mika Häkkinen

Event Advisor: Tommi Peltonen, JRV

Media: Mika Häkkinen, +358 40 7459032, mika@hiiltomiehet.com

Welcome!

Hiiltomiehet