



Course setter info

Kainuu MTBO Week 28.6.-3.7.2026, Hyrynsalmi and Suomussalmi

Sun 28.6.	Hyrynsalmi comprehensive school, sprint distance, first start 10:00
Mon 29.6	Hyrynsalmi comprehensive school, middle distance, first start 10:15
Wed 1.7.	Haverinen skiing center, long distance, first start 11:00
Fri 3.7.	Suomussalmi open-air theater, middle distance, first start 13:00

The Kainuu MTBO Week will be held in 2026 on the fine and fast tracks of Hyrynsalmi and Suomussalmi, as well as on the streets and blocks of the Hyrynsalmi village centre. The first day of competition will therefore bring a combination of urban sprints and tracks near the village centre. The centre of Hyrynsalmi is quiet on Sunday morning, but you have to be careful in traffic with other travellers and competitors, and especially when crossing the main street.

On the second day of competition, we will head to the Tervatörmä-Multimäki terrain. Now the longer courses also have some height differences. Please note that the longer courses have a railway crossing. The crossing is supervised and there should be no train traffic between 10:15 and 13:00.

On the third day of competition, we will return to the origins of the Kainuu MTBO Week at the Haverinen ski resort. The first MTBO week was organized in Suomussalmi in 2021 in the same terrain. Due to forestry work, the terrain and thus the length of the courses have had to be limited slightly, but the best parts of Haverinen's forests and paths are still in use. On longer courses, be especially careful when crossing the Suomussalmi-Puolanka road. There is surveillance on the road, the speed limit has been reduced to 60 km/h, but traffic will not be stopped.

The Kainuu MTBO week will end in the Lomakylä-Hietasärkät ridge terrain, also familiar from year 2021. There are a lot of paths, especially in the Soiva Metsä area, and the courses intersect several times. So be careful with the order of the controls.

A weatherproof Pretex map will be used on all days.

Welcome to Kainuu MTBO Week in Hyrynsalmi and Suomussalmi!

Mika Häkkinen / Hiiltomiehet